ZAPA Snack®

The Leader in Value Fund Raising

Three Meat French Bread Pizza

Nutrition Facts

Serving Size 1 PORTION (159g)
Servings Per Container 6

Amount Per Serving

Calories 390	Calories from Fat 140
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1110mg	46%
Total Carbohydrate 44g	15%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 17g	

Vitamin A 10% •	Vitamin C 20%
Calcium 20% •	Iron 15%

Not a significant source of Trans Fat.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

COOKING INSTRUCTIONS:
From FROZEN state only.

This product must be cooked to an internal temperature of 160° F prior to eating.

MICROWAVE

1. Remove outer wrap.
2. Place pizza on card in center of microwave.
3. Microwave on HIGH 2 minutes 15 seconds to 3 minutes 15 seconds or until cheese is melted.
4. Let stand for 1 minute.
5. Remove product from microwave and serve.

CAUTION: Product and card will be very hot. Microwave only one pizza at a time.

NOTE: Microwave units without a rotating carousel require product to be rotated 1/4 turn during cooking.

CONVENTIONAL OVEN OR TOASTER OVEN

1. Preheat oven to 375° F (Toaster oven to 400° F).
2. Remove printed wrap and discard card.
3. Place product on baking sheet.
4. Bake 18 to 22 minutes until cheese melts and product is heated through.

NOTE: Remove product from protective wrap before placing in ovens. Due to variances in ovens, cooking times may require adjustment.

Refrigerate or discard any unused portion.