



The Leader in Value Fund Raising

Pepperoni French Bread Pizza

Nutrition Facts

Serving Size 1 Pizza (160g)
 Servings Per Container 6

Amount Per Serving
Calories 380 **Calories from Fat 140**

	% Daily Value*
Total Fat 16g	24%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1140mg	47%
Total Carbohydrate 42g	14%
Dietary Fiber 2g	6%
Sugars 4g	

Protein 17g

Vitamin A 10% • Vitamin C 15%
 Calcium 25% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

COOKING INSTRUCTIONS:
 From FROZEN state only.

This product must be cooked to an internal temperature of 160° F prior to eating.

MICROWAVE

1. Remove outer wrap.
2. Place pizza on card in center of microwave.
3. Microwave on HIGH 2 minutes 15 seconds to 3 minutes 15 seconds or until cheese is melted.
4. Let stand for 1 minute.
5. Remove product from microwave and serve.

CAUTION: Product and card will be very hot. Microwave only one pizza at a time.

NOTE: Microwave units without a rotating carousel require product to be rotated 1/4 turn during cooking.

CONVENTIONAL OVEN OR TOASTER OVEN

1. Preheat oven to 375° F (Toaster oven to 400° F).
2. Remove printed wrap and discard card.
3. Place product on baking sheet.
4. Bake 18 to 22 minutes until cheese melts and product is heated through.

NOTE: Remove product from protective wrap before placing in ovens. Due to variances in ovens, cooking times may require adjustment. Refrigerate or discard any unused portion.